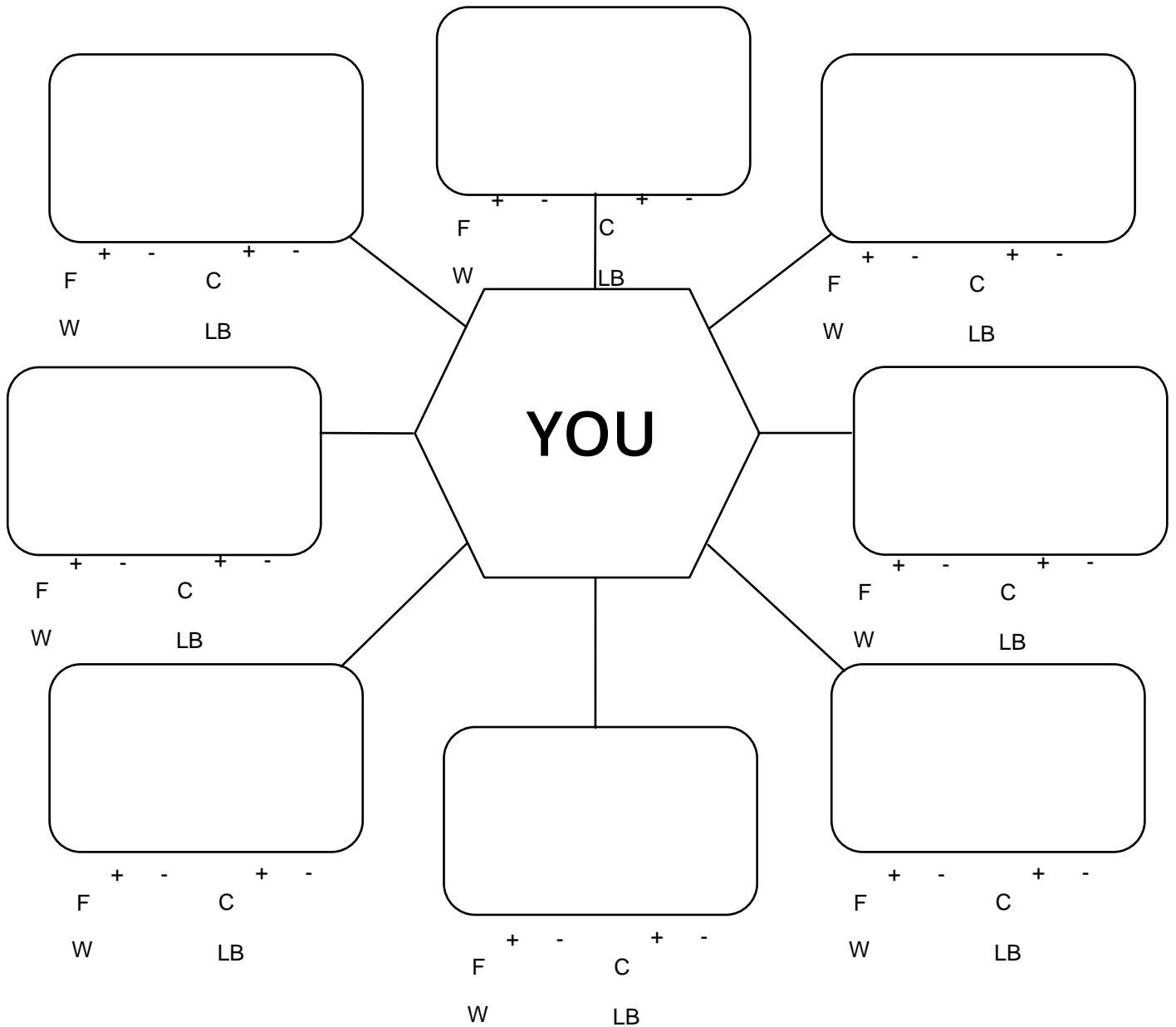




Circles of My Multicultural Selves

Directions: Take a few minutes to complete this diagram. In as many circles as you can, write a word you feel describes you, is a significant part of who you are, or a way you choose to identify yourself to others (e.g. sister, student, African-American, Christian, Democrat, partner, etc.).



THE MANY-LAYERED MULTICULTURAL SELF

Layers of your cultural identity may include:

- **NATIONALITY**
 - Japanese, Mexican, U.S. American, French, etc.
- **ETHNICITY**
 - Pan-national: Arab, Roma (Gypsy), Zulu, etc.
Intra-national: African American, European American, Malay, etc.
- **REGIONAL**
 - West Coast and East Coast of the U.S., Northern and Southern Germany, North and South Uman Island, etc.
- **GENDER**
 - Patterns of culture based on gender roles in every ethnic group
 - Woman, gender non-conforming, man, trans*, gender queer, agender, etc.
- **SOCIOECONOMIC CLASS**
 - Rich and poor, high and low status, middle income
- **EDUCATIONAL ATTAINMENT**
 - High school, AA, BA, Ph.D., etc.
- **RELIGION/SPIRITUALITY**
 - Jewish, Muslim, Christian, Hindu, Atheist, etc.
- **AGE**
 - Different generations in most national and ethnic groups
- **PHYSICAL ABILITY**
 - People who are deaf, blind, wheelchair users, able-bodied, etc.
- **SEXUAL EXPRESSION**
 - People who are gay, lesbian, bisexual, heterosexual, asexual, etc.
- **OTHER**
 - Could be: political/social ideology or affiliation, body shape/size, employment status, family makeup or background, type of pet owner, etc.

